

Plaats	Naam	100	2e 100m	200	3e 100m	300	4e 100m	400	5e 100m	Finish	Punten	2023
1	Senna Mol	01:21	01:27	02:48	01:29	04:17	01:30	05:47	01:27	07:14	40	08:43
2	Marianne Muijzer	01:24	01:31	02:55	01:33	04:28	01:31	05:59	01:32	07:31	40	07:33
3	Pieter Coen Ouwehand	01:27	01:37	03:04	01:41	04:45	01:40	06:25	01:33	07:58	39	
4	Egbert Touw	01:37	01:42	03:19	01:42	05:01	01:41	06:42	01:38	08:20	38	
5	Peter Bruins	01:30	01:42	03:12	01:44	04:56	01:48	06:44	01:39	08:23	37	08:32
6	Rene van Waardenburg	01:37	01:46	03:23	01:46	05:09	01:46	06:55	01:44	08:39	36	08:14
7	Wouter van der Meijde	01:43	01:50	03:33	01:53	05:26	01:51	07:17	01:45	09:02	35	09:28
8	Kees Alblas	01:43	01:51	03:34	01:52	05:26	01:52	07:18	01:49	09:07	34	09:46
9	Peter Dealmans	01:43	01:53	03:36	01:53	05:29	01:52	07:21	01:47	09:08	33	
10	Chimène Benningshof	01:46	01:52	03:38	01:56	05:34	01:56	07:30	01:53	09:23	39	09:03
11	Arie van der Stel	01:47	01:57	03:44	01:55	05:39	01:56	07:35	01:49	09:24	32	09:19
11	Jorg Verweij	01:47	01:57	03:44	01:59	05:43	01:57	07:40	01:52	09:32	31	09:25
13	Johan Plomp	01:44	01:57	03:41	01:58	05:39	02:00	07:39	01:56	09:35	30	10:07
14	Jan Willem Verschoor	01:44	01:59	03:43	02:10	05:53	01:54	07:47	01:52	09:39	29	
14	Leo Huisman	01:47	02:01	03:48	02:02	05:50	02:05	07:55	01:57	09:52	28	10:04
16	Meine van der Graaf	01:48	01:59	03:47	02:06	05:53	02:05	07:58	01:57	09:55	27	11:06
17	Ron Meijsen	01:52	02:07	03:59	02:07	06:06	02:07	08:13	01:59	10:12	26	
18	Ron Verhaar	01:55	02:08	04:03	02:08	06:11	02:07	08:18	02:06	10:24	25	10:40
19	Natasha van der Meide	01:59	02:09	04:08	02:08	06:16	02:07	08:23	02:04	10:27	38	
20	Gerard van Wissen	01:58	02:07	04:05	02:09	06:14	02:11	08:25	02:10	10:35	24	10:20
21	Wilma Polderman	01:59	02:11	04:10	02:12	06:22	02:12	08:34	02:16	10:50	37	11:21
22	Jeroen van Waardenburg	01:48	02:11	03:59	02:24	06:23	02:17	08:40	02:23	11:03	23	10:59
23	Hanneke Deijl	02:05	02:17	04:22	02:21	06:43	02:24	09:07	02:14	11:21	36	
24	Martine Oldhoff	02:08	02:17	04:25	02:20	06:45	02:19	09:04	02:21	11:25	nvt	