

8 en 10 februari - 500m		100 m	Lap	200 m	Lap	300 m	Lap	400 m	Lap	Eindtijd 2020	2e poging	2019	2018	2017	2016
1	Marianne Muijzer	01:22	01:30	02:52	01:32	04:24	01:31	05:55	01:29	07:24		07:18	07:26	07:20	07:27
2	Anton Mol	01:24	01:32	02:56	01:34	04:30	01:36	06:06	01:32	07:38					
3	Ype Kerkstra	01:25	01:33	02:58	01:36	04:34	01:36	06:11	01:32	07:43		07:50	07:57	08:27	
4	Peter Bruins	01:26	01:33	02:59	01:35	04:34	01:36	06:10	01:39	07:49	09:07*	08:00	07:25	07:48	07:52
5	René van Waardenburg	01:29	01:37	03:06	01:38	04:44	01:40	06:24	01:35	07:59	08:08	08:00	07:58	07:55	08:05
6	Nicole van Waardenburg	01:27	01:38	03:05	01:43	04:48	01:42	06:30	01:42	08:12	08:18	08:00	08:34	08:25	09:07
7	Rolf Burke	01:30	01:40	03:10	01:42	04:52	01:44	06:36	01:41	08:17			08:22	09:06	
8	Betty van den Heuvel	01:34	01:42	03:16	01:42	04:58	01:45	06:43	01:38	08:21		08:13	08:05		08:08
9	Kees van der Voorden	01:35	01:44	03:19	01:48	05:07	01:49	06:56	01:47	08:43		08:31	08:25	08:25	09:07
9	Jan Maarten Dank	01:33	01:47	03:20	01:46	05:06	01:51	06:57	01:46	08:43	08:45	08:49	09:22	09:39	10:19
10	Kees Alblas	01:35	01:47	03:22	01:50	05:12	01:52	07:04	01:50	08:54			09:21		
11	Menno Benningshof	01:35	01:47	03:22	01:49	05:11	01:55	07:06	01:52	08:58	09:15	08:59	08:58	08:58	09:20
12	Mark Gool	01:39	01:50	03:29	01:52	05:21	01:51	07:12	01:48	09:00			08:34	08:40	08:24
13	Arie van der Stel	01:40	01:50	03:30	01:53	05:23	01:53	07:16	01:47	09:03			08:55		08:52
14	Jan van Bennekom	01:42	01:51	03:33	01:52	05:25	01:53	07:18	01:53	09:11		09:00	09:00	08:48	08:45
15	Chimène Benningshof	01:45	01:54	03:39	01:56	05:35	01:56	07:31	01:52	09:23		09:32	10:08	09:38	10:47
16	Jorg Verweij	01:47	01:59	03:46	02:00	05:46	02:03	07:49	01:57	09:46					
17	Ron Meijssen	01:47	02:02	03:49	02:01	05:50	02:05	07:55	01:59	09:54		10:04			
18	Gerard van Wissen	01:53	02:03	03:56	02:01	05:57	02:00	07:57	01:58	09:55		09:42		10:28	10:33
19	Sander Bunschoten	01:47	01:59	03:46	02:02	05:48	02:07	07:55	02:01	09:56	09:57				
20	Jeroen van Waardenburg	01:49	02:01	03:50	02:05	05:55	02:03	07:58	02:00	09:58	10:05	09:58	09:58	10:31	11:32
21	Ron Verhaar	01:50	02:02	03:52	02:03	05:55	02:03	07:58	02:04	10:02		09:57	09:42		09:29
22	Erik Hoek	01:53	02:24	04:17	02:29	06:46	02:32	09:18	02:23	11:41					
23	Bonno Odijk	02:03	02:28	04:31	02:32	07:03	02:35	09:38	02:30	12:08					

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